

SAMPLE MENU HYDRUS

DAILY BREAKFAST

Cereal station

Juice station

Fresh Orange juice

Coffee & Tea station

Fruit platter

Yogurt

Toast Station

Jams & Honey Station

Condiments – Croissants – Cake

Smoked bacon

Eggs (boiled-scrambled-fried-poached)

Cheese & cold cuts platter

Choice of pancakes

DAY 1

LUNCH

Seabass Ceviche

Cherry tomato salad with burrata cheese

Prawn orzo with Parmesan foam

DINNER

Green salad with pear and fennel and honey mustard vinaigrette

Spinach pie

Salmon with celery root purée

DAY 2

LUNCH

Greek salad

Zucchini balls

Moussaka

DINNER

Beef Tartar

Couscous salad with veggies

Rib eye steak with sweet potato purée

DAY 3

LUNCH

Steamed mussels

Tarama cream

Fava with Octopus

DINNER

Beetroot salad with beluga lentils

Marinated crab with cauliflower purée and green apple

Lobster pasta

DAY 4

LUNCH

Salad with mango, avocado, chicken and citrus vinaigrette

Bruschetta with fig, prosciutto and balsamic cream

Chicken roll in the oven with baby potatoes

DINNER

Shrimp salad

Grilled veggies with balsamic cream

Seabass with Greek seaweeds

DAY 5

LUNCH

Steamed veggies

Green salad with almond flakes, avocado and orange vinaigrette

Big fish in the oven

DINNER

Greek gyros, tzatziki, pitta bread, fried potatoes

Veggies

DAY 6

LUNCH

New style Greek salad

Zucchini tempura

Pastitsio

DINNER

Cabbage salad with mustard vinaigrette

Bruschetta with pesto basil and mozzarella

Mushroom risotto with truffle

DAY 7

LUNCH

Salty cheesecake

Almond, garlic sauce with beetroots

Langoustine with tarama sauce

DINNER

Soufflé with spinach and goat cheese

Mushroom salad with asparagus and herbs

Beef fillet with baby potatoes

DESSERTS

Chocolate soufflé butterscotch with vanilla ice cream

Mastiha cream with pistachios

Cheesecake

Tiramisu

Selection of ice cream