

VERINA STAR SAMPLE MENU

Breakfast

All type of coffees

Tea

Fresh fruit juices

Milk, whole and lactose free

Greek yogurt

Different types of cereals

Fresh made breads and cakes

Honey and homemade jams and marmalades

Pancakes

Viennoiseries

All type of eggs

Platter with cheese and cold cuts

MONDAY

Lunch:

Salad: Greek salad with Feta cheese

Hot appetizer: Grilled shrimps with lemon sauce

Main dish: Roasted Cod fillet with fresh vegetables and aromatic rice

Dessert: Mascarpone cream with fresh strawberries

Dinner:

Salad: Green Salad with crab

Cold appetizer: Selection of Greek marinated fishes served with roasted bread and homemade dips

Main dish: Tenderloin with mushrooms and cream

Dessert: Fruits and ice cream

TUESDAY

Lunch:

Salad: Tomato with buffalo mozzarella and pesto sauce

Hot appetizer: Grilled octopus with fava

Main dish: Grilled Sea Bass fillet with herbs served asparagus

Dessert: Homemade Baklava

Dinner:

Cold appetizer: Smoked salmon rolls with ricotta, dill and lemon zest

Main dish: Shrimp pasta

Dessert: Cheese and fruits

WEDNESDAY

Lunch:

Salad: Zucchini and carrot salad with melon and crispy prosciutto

Hot appetizer: Grilled Tomato Bruschetta with parmesan and feta

Main dish: Risotto with mushrooms and chicken fillet with pesto Sause Stuffed

Dessert: Cheesecake with white chocolate, caramelized almonds and grilled nectarine and vanilla Sause

Dinner:

Salad: Salad with lettuce, carrots, apple, celery ,pine nuts and blue cheese

Main dish: Grilled Salmon with sautéed spinach and herbs

Dessert: Lemon pie

THURSDAY

Lunch:

Salad: Green salad with orange and fennel

Hot appetizer: Grilled goat cheese with honey and nuts

Main dish: Risotto with mussels and fresh seafood

Dessert: Tiramisu

Dinner:

Hot appetizer: Sautéed zucchini with mint and Greek yogurt Sause

Main dish: Roasted lamp with vegetables

Dessert: Chocolate soufflé with ice cream

FRIDAY

Lunch:

Salad: Salad with greens and fresh vegetables with shrimps and mustard-lemon dressing

Main dish: Fresh fish on the barbecue, baked potatoes with Sause béarnaise

Dessert:

Pasta flora with homemade apricot jam

Dinner:

Salad: Caprese with grilled peppers and grilled manouri cheese

Appetizer: Eggplants with garlic and tomato sauce

Main dish: Roast beef with vegetables and tomato sause with mashed potatoes and grilled zucchini

Dessert: Charlotte with mascarpone and wild berries

SATURDAY

Lunch:

Salad: Lettuce, carrot, dried raisins and lemon sause

Hot appetizer: Spinach and feta cheese traditional pie

Main dish: Grilled staffed chicken breasts with rice

Dessert: Concord chocolate cake

Dinner:

Salad: Fresh green salad with dill and yogurt sause

Main dish: Fish soup with lemon and various vegetables

Dessert: Fruits

SUNDAY

Salad: Greek salad with grilled feta with chili flakes

Hot appetizer: Steamed mussels with white wine and fresh dill

Main dish: Stuffed vegetables with rice and calamari

Dessert: Pana Cotta with pistachios and white chocolate

Dinner:

Salad: Cretan Salad with rusk, tomato, cucumber and feta cheese

Main dish: Pasta with peas, pesto Sause and smoked pork
"apaki"

Dessert: Chocolate mousse