



SAMPLE MENU

Breakfast

Freshly baked pastries • Seasonal fresh fruit platters • Greek yogurt • Cheese & ham platter • Chopped vegetable plate • Fresh juice of the day • Daily egg specialty (e.g. fried, scrambled, poached, sunshine eggs or omelet of your choice) • Greek pie / toast / muffins / pancakes (varies by day)

Day 1

Lunch: Italian salad with parmesan & vinaigrette • Truffle risotto • Milanese risotto • Mozzarella sticks

Dinner: Caprese salad with burrata cheese, pesto & tomato • Chicken roll stuffed with peppers & cheese in vegetable sauce • Russian-style potatoes with dill

Day 2

Lunch: Greek-style meze selection • Fried calamari • Fried potatoes • Traditional Greek salad • Saganaki shrimps in tomato sauce with feta • Grilled octopus

Dinner (Greek-style night): Pork & chicken gyros • Pita bread • Fried potatoes • Tzatziki • Spicy cheese dip (tyrokafteri) • Roasted peppers

Day 3

Lunch: Green Greek salad • Fried feta cheese in puff pastry • Lobster pasta

Dinner (BBQ Night): Lamb ribs grilled over coals • Beef steak grilled over coals • Grilled sausages • Charcoal-roasted vegetables

Day 4

Lunch: Tuna salad • Oven-baked salmon with steamed vegetables • White rice with herbs

Dinner: Greek salad with nuts, breadsticks, grapes & pomegranate vinaigrette • Authentic Italian carbonara with guanciale & egg

Day 5

Lunch: Oven-baked Sea bream with herbs • Green salad with cherry tomatoes & avocado sauce • Sea bass with lemon & herbs

Dinner: Traditional Greek moussaka • Greek green salad with yogurt & herbs • Fried pumpkin meatballs

Day 6

Lunch: Penne pasta with pesto & parmesan • Chicken fillet with pepper sauce • Green bruschetta salad

Dinner: Ribeye steak • Mashed potatoes with herbs • Green salad with crispy prosciutto, cherry tomatoes & balsamic glaze

Day 7

Lunch: Pork roll stuffed with colorful peppers, cheese & bacon • Quinoa salad with lemon & herbs • Black fried rice

Dinner (Burger Night): Gourmet burgers with ground beef, caramelized onions, tomato, bacon & cheddar • Herb-seasoned fried potatoes • Coleslaw salad

Desserts

Served throughout the week

Ice cream variety • Baklava • Cheesecake • Chocolate pie • Loukoumades (Greek honey puffs with cinnamon)

MOTOR YACHT
ONE